

Resilience with Zeal

A VIRTUAL MEETING SPACE FOR KIDS (11-14) & TEENS (15-18)



Growing up in the modern world is hard. **Zeal Family Wellness, LLC**, is excited to offer a weekly virtual meeting space for kids and teens as they continue to navigate our changing world. Meetings will address everyday experiences and current events with the goal of empowering teens to overcome loss, make proactive life transitions, develop a healthy sense of self, and cultivate fulfilling relationships with their peers and social media.

- ✿ Virtual meetings every Thursday at 7PM (11-14 y/o) and 8PM (15-18 y/o)
- ✿ Register at ZealFamilyWellness.com/ResilienceForTeens
- ✿ Intake Session: \$60; Weekly Meetings: \$35 per meeting

Questions? Contact Shannon Shreibak at shannon.shreibak@zealfamilywellness.com



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